

BREAKFAST

All breakfasts include the choice of fresh fruit, cereal, whole grain toast, and milk.

OCTOBER 2017






REDDING SCHOOL DISTRICT

LUNCH

All lunches include a salad bar with fresh fruits, vegetables, and choice of milk.

NATIONAL SCHOOL LUNCH WEEK

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Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST: WAFFLE STICKS YOGURT 2	BREAKFAST: CHEESE OMLET ENGLISH MUFFIN 3	BREAKFAST: SAUSAGE & CHEESE MUFFIN JUICE 4	BREAKFAST: OATMEAL RAISENS CINNAMON TOAST 5	BREAKFAST: CINNAMON ROLLS STRING CHEESE 6
LUNCH: TOASTED CHEESE SANDWICH TURKEY & CHEESE HAWAIIAN ROLL CHIPS	LUNCH: BEEF TERIAKI BOWL WITH RICE CHICKEN NUGGETS STEAMED BROCCOLI	LUNCH: BBQ HAM SANDWICH HOT DOG POTATOE WEDGES	LUNCH: CHICKEN QUESADILLA BEAN & CHEESE BURRITO TORTILLA CHIPS & REFRIED BEANS	LUNCH: PEPPERONI PIZZA CHICKEN PATTY SANDWICH WACKY CAKE
BREAKFAST: PANACKES & SAUSAGE 9	BREAKFAST: SCRAMBED EGGS ENGLISH MUFFIN 10	BREAKFAST: FRENCH TOAST STICKS JUICE 11	BREAKFAST: A-Z BREAD STRING CHEESE JUICE 12	BREAKFAST: BAGELS YOGURT 13
LUNCH: DELI WRAP CORN DOGS STRING CHEESE 	LUNCH: SLOPPY JOES CHICKEN NUGGETS GREEN PEAS	LUNCH: RAINBOW TROUT TREASURES MACARONI & CHEESE GREEN BEANS 	LUNCH: BEEFY NACHOS CHICKEN TACO SALAD TORTILLA CHIPS & RAINBOW SALSA 	LUNCH: PEPPERONI PIZZA TURKEY & CHEESE HOAGIE A-Z BREAD
BREAKFAST: WAFFLE STICKS YOGURT 16	BREAKFAST: CHEESE OMLET ENGLISH MUFFIN 17	BREAKFAST: SAUSAGE & CHEESE MUFFIN JUICE 18	BREAKFAST: OATMEAL RAISENS CINNAMON TOAST 19	BREAKFAST: CINNAMON ROLLS STRING CHEESE 20
LUNCH: FRENCH TAOST STICKS SAUSGE LINKS HAM & CHEESE BAGEL	LUNCH: TURKEY TACO HOT DOG DORITOS 	LUNCH: BURGER BAR UNCRUSTABLES POTATO WEDGES	LUNCH: CHILI CON CARNE BURRITO CORNBREAD	LUNCH: PEPPERONI PIZZA CHICKEN PATTY SANDWICH FRUIT SLUSHIES
BREAKFAST: PANCAKE ON A STICK 23	BREAKFAST: SCRAMBED EGGS ENGLISH MUFFIN 24	BREAKFAST: FRENCH TOAST STICKS JUICE 25	BREAKFAST: A-Z BREAD STRING CHEESE JUICE 26	BREAKFAST: BAGELS YOGURT 27
LUNCH: UNCRUSTABLES CHICKEN TACO SALAD STRING CHEESE 	LUNCH: TURKEY & CHEESE HAWAIIAN ROLL CORN DOG POTATO WEDGES	LUNCH: COOKS CHOICE	LUNCH: BURRITO CHEESE QUESADILLA MEXICALI CORN	LUNCH: PEPPERONI PIZZA CHICKEN TENDERS BIRTHDAY CELEBRATION TREAT 
BREAKFAST: WAFFLE STICKS YOGURT 30	BREAKFAST: CHEESE OMLET ENGLISH MUFFIN 31			
LUNCH: TOASTED CHEESE SANDWICH TURKEY & CHEESE HAWAIIAN ROLL SOUP OF THE DAY	LUNCH: BEEF TERIAKI BOWL WITH RICE CHICKEN NUGGETS STEAMED BROCCOLI			

PAID BREAKFAST K-8	\$0.00
REDUCED BREAKFAST	\$0.00
ADULT BREAKFAST	\$2.10
MILK	\$0.30

Juniper and Sycamore Elementary School offer free meals to all enrolled children for breakfast and lunch under the Community Eligibility Provision (CEP) as defined by USDA. Please note that there is still a charge for those who choose to only take milk.

This Institution is an Equal Opportunity Provider.

PAID LUNCH K-8	\$0.00
REDUCED LUNCH	\$0.00
ADULT LUNCH	\$3.75
MILK	\$0.30