

**BREAKFAST**

**OCTOBER 2017**  
**REDDING SCHOOL DISTRICT**

**LUNCH**

All breakfasts include the choice of fresh fruit, cereal, whole grain toast, and milk.

All lunches include a salad bar with fresh fruits, vegetables, and choice of milk.

NATIONAL SCHOOL LUNCH WEEK

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Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST:</b> WAFFLE STICKS YOGURT <b>2</b>	<b>BREAKFAST:</b> CHEESE OMLET ENGLISH MUFFIN <b>3</b>	<b>BREAKFAST:</b> SAUSAGE & CHEESE MUFFIN JUICE <b>4</b>	<b>BREAKFAST:</b> OATMEAL RAISENS CINNAMON TOAST <b>5</b>	<b>BREAKFAST:</b> CINNAMON ROLLS STRING CHEESE <b>6</b>
<b>LUNCH:</b> TOASTED CHEESE SANDWICH TURKEY & CHEESE HAWAIIAN ROLL CHIPS	<b>LUNCH:</b> BEEF TERIAKI BOWL WITH RICE CHICKEN NUGGETS STEAMED BROCCOLI	<b>LUNCH:</b> BBQ HAM SANDWICH HOT DOG POTATOE WEDGES	<b>LUNCH:</b> CHICKEN QUESADILLA BEAN & CHEESE BURRITO TORTILLA CHIPS & REFRIED BEANS	<b>LUNCH:</b> PEPPERONI PIZZA CHICKEN PATTY SANDWICH WACKY CAKE
<b>BREAKFAST:</b> PANACKES & SAUSAGE <b>9</b>	<b>BREAKFAST:</b> SCRAMBED EGGS ENGLISH MUFFIN <b>10</b>	<b>BREAKFAST:</b> FRENCH TOAST STICKS JUICE <b>11</b>	<b>BREAKFAST:</b> A-Z BREAD STRING CHEESE JUICE <b>12</b>	<b>BREAKFAST:</b> BAGELS YOGURT <b>13</b>
<b>LUNCH:</b> DELI WRAP CORN DOGS STRING CHEESE <b>NEW ITEM</b>	<b>LUNCH:</b> SLOPPY JOES CHICKEN NUGGETS GREEN PEAS	<b>LUNCH:</b> RAINBOW TROUT TREASURES MACARONI & CHEESE GREEN BEANS <b>SAMPLE DAY</b>	<b>LUNCH:</b> BEEFY NACHOS CHICKEN TACO SALAD TORTILLA CHIPS & RAINBOW SALSA <b>SEASONAL</b> <b>FEATURED</b>	<b>LUNCH:</b> PEPPERONI PIZZA TURKEY & CHEESE HOAGIE A-Z BREAD
<b>BREAKFAST:</b> WAFFLE STICKS YOGURT <b>16</b>	<b>BREAKFAST:</b> CHEESE OMLET ENGLISH MUFFIN <b>17</b>	<b>BREAKFAST:</b> SAUSAGE & CHEESE MUFFIN JUICE <b>18</b>	<b>BREAKFAST:</b> OATMEAL RAISENS CINNAMON TOAST <b>19</b>	<b>BREAKFAST:</b> CINNAMON ROLLS STRING CHEESE <b>20</b>
<b>LUNCH:</b> FRENCH TAOST STICKS SAUSGE LINKS HAM & CHEESE BAGEL	<b>LUNCH:</b> TURKEY TACO HOT DOG DORITOS <b>NEW ITEM</b>	<b>LUNCH:</b> BURGER BAR UNCRUSTABLES POTATO WEDGES	<b>LUNCH:</b> CHILI CON CARNE BURRITO CORNBREAD	<b>LUNCH:</b> PEPPERONI PIZZA CHICKEN PATTY SANDWICH FRUIT SLUSHIES
<b>BREAKFAST:</b> PANCAKE ON A STICK <b>23</b>	<b>BREAKFAST:</b> SCRAMBED EGGS ENGLISH MUFFIN <b>24</b>	<b>BREAKFAST:</b> FRENCH TOAST STICKS JUICE <b>25</b>	<b>BREAKFAST:</b> A-Z BREAD STRING CHEESE JUICE <b>26</b>	<b>BREAKFAST:</b> BAGELS YOGURT <b>27</b>
<b>LUNCH:</b> UNCRUSTABLES CHICKEN TACO SALAD STRING CHEESE <b>NEW ITEM</b>	<b>LUNCH:</b> TURKEY & CHEESE HAWAIIAN ROLL CORN DOG POTATO WEDGES	<b>LUNCH:</b> COOKS CHOICE	<b>LUNCH:</b> BURRITO CHEESE QUESADILLA MEXICALI CORN	<b>LUNCH:</b> PEPPERONI PIZZA CHICKEN TENDERS BIRTHDAY CELEBRATION TREAT 
<b>BREAKFAST:</b> WAFFLE STICKS YOGURT <b>30</b>	<b>BREAKFAST:</b> CHEESE OMLET ENGLISH MUFFIN <b>31</b>			
<b>LUNCH:</b> TOASTED CHEESE SANDWICH TURKEY & CHEESE HAWAIIAN ROLL SOUP OF THE DAY	<b>LUNCH:</b> BEEF TERIAKI BOWL WITH RICE CHICKEN NUGGETS STEAMED BROCCOLI			

PAID BREAKFAST K-8	\$1.25
REDUCED BREAKFAST	\$0.30
ADULT BREAKFAST	\$2.10
MILK	\$0.30

**MY SCHOOL BUCKS** PAY FOR MEALS ONLINE  
 MySchoolBucks.com

PAID LUNCH K-8	\$2.60
REDUCED LUNCH	\$0.40
ADULT LUNCH	\$3.75
MILK	\$0.30

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