





Redding School District

SEQUOIA SPARTAN CAFE

August 2017

LUNCH WITH OR WITHOUT MILK K-8 \$2.60
 REDUCED LUNCH PRICE \$.40
 ADULT LUNCH PRICE WITHOUT MILK \$3.75
 MILK (1%) OR NONFAT CHOCOLATE \$.30

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<p><u>LUNCH INCLUDES</u> GARDEN BAR WITH FRESH FRUIT & VEGGIES</p>	
			16 FRUIT SALAD FRUIT & GRAIN BAR PB&J UNCRUSTABLE STRING CHEESE CELERY STICKS	17 RIB-A-QUE SANDWICH CHEF FAJITA CHICKEN SALAD FRUIT & GRAIN BAR	18 YOGURT PARFAIT W/ GRANOLA CHEF SALAD W/TURKEY PRETZELS	19
20	21 SPICY POPCORN CHICKEN PB&J UNCRUSTABLE STRING CHEESE CELERY STICKS	22 CHEF FAJITA CHICKEN SALAD BREADED MOZZARELLA STICKS, TORTILLA CHIPS TACO STICK CARROT STICKS	23 FRUIT SALAD FRUIT & GRAIN BAR PB&J UNCRUSTABLE STRING CHEESE CELERY STICKS	24 CHEF FAJITA CHICKEN SALAD CARROT STICKS PRETZELS NACHO CHEESE SAUCE	25 YOGURT PARFAIT W/ GRANOLA CHEF SALAD W/ TURKEY SUNCHIPS CELERY STICKS	26
27 ALL MENUS ARE SUBJECT TO CHANGE	28 GARDEN SALAD PB&J UNCRUSTABLE STRING CHEESE CELERY STICKS	29 CHEF FAJITA CHICKEN SALAD TORTILLA CHIPS TACO STICK CARROT STICKS	30 FRUIT SALAD FRUIT & GRAIN BAR PB&J UNCRUSTABLE STRING CHEESE CELERY STICKS	31 RIB-A-QUE SANDWICH CHEF FAJITA CHICKEN SALAD FRUIT & GRAIN BAR		
CHILLED 1% MILK & NONFAT CHOCOLATE MILK IS SERVED WITH EVERY MEAL						THE USDA & THE CDE ARE EQUAL OPPORTUNITY PROVIDERS & EMPLOYERS