




# Redding School District

## SEQUOIA SPARTAN CAFE

### May-June 2017

LUNCH WITH OR WITHOUT MILK K-8 \$2.50  
 REDUCED LUNCH PRICE \$ .40  
 ADULT LUNCH PRICE WITHOUT MILK \$3.45  
 MILK (1%) OR NONFAT CHOCOLATE \$ .30

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<u>LUNCH INCLUDES</u> GARDEN BAR WITH FRESH FRUIT & VEGGIES
7 	1 SPICY POPCORN CHICKEN PB&J UNCRUSTABLE STRING CHEESE CELERY STICKS	2 CHEF FAJITA CHICKEN SALAD TORTILLA CHIPS TACO STICK CARROT STICKS	3 FRUIT SALAD FRUIT & GRAIN BAR PB&J UNCRUSTABLE STRING CHEESE CELERY STICKS	4 CHEF FAJITA CHICKEN SALAD, BREADED MOZZARELLA STICKS CARROT STICKS PRETZELS NACHO CHEESE SAUCE	5 YOGURT PARFAIT W/ GRANOLA CHEF SALAD W/TURKEY SUNCHIPS CELERY STICKS	6
7	8 GARDEN SALAD PB&J UNCRUSTABLE STRING CHEESE CELERY STICKS	9 CHEF FAJITA CHICKEN SALAD TORTILLA CHIPS TACO STICK CARROT STICKS	10 FRUIT SALAD FRUIT & GRAIN BAR PB&J UNCRUSTABLE STRING CHEESE CELERY STICKS	11 RIB-A-QUE SANDWICH CHEF FAJITA CHICKEN SALAD FRUIT & GRAIN BAR	12 YOGURT PARFAIT W/ GRANOLA CHEF SALAD W/TURKEY PRETZELS	13 
14	15 SPICY POPCORN CHICKEN PB&J UNCRUSTABLE STRING CHEESE CELERY STICKS	16 CHEF FAJITA CHICKEN SALAD TORTILLA CHIPS TACO STICK CARROT STICKS	17 FRUIT SALAD FRUIT & GRAIN BAR PB&J UNCRUSTABLE STRING CHEESE CELERY STICKS	18 CHEF FAJITA CHICKEN SALAD, BREADED MOZZARELLA STICKS CARROT STICKS PRETZELS NACHO CHEESE SAUCE	19 YOGURT PARFAIT W/ GRANOLA CHEF SALAD W/ TURKEY SUNCHIPS CELERY STICKS	20
21 <i>ALL MENUS ARE SUBJECT TO CHANGE</i>	22 GARDEN SALAD PB&J UNCRUSTABLE STRING CHEESE CELERY STICKS	23 CHEF FAJITA CHICKEN SALAD TORTILLA CHIPS TACO STICK CARROT STICKS	24 FRUIT SALAD FRUIT & GRAIN BAR PB&J UNCRUSTABLE STRING CHEESE CELERY STICKS	25 RIB-A-QUE SANDWICH CHEF FAJITA CHICKEN SALAD FRUIT & GRAIN BAR	26 YOGURT PARFAIT W/ GRANOLA CHEF SALAD W/TURKEY PRETZELS	27 
CHILLED 1% MILK & NONFAT CHOCOLATE MILK IS SERVED WITH EVERY MEAL	29 MEMORIAL DAY	30 CHEF FAJITA CHICKEN SALAD TORTILLA CHIPS TACO STICK CARROT STICKS	31 FRUIT SALAD FRUIT & GRAIN BAR PB&J UNCRUSTABLE STRING CHEESE CELERY STICKS	6/1 CHEF FAJITA CHICKEN SALAD, BREADED MOZZARELLA STICKS CARROT STICKS PRETZELS NACHO CHEESE SAUCE	6/2 YOGURT PARFAIT W/ GRANOLA CHEF SALAD W/ TURKEY SUNCHIPS CELERY STICKS	THE USDA & THE CDE ARE EQUAL OPPORTUNITY PROVIDERS & EMPLOYERS